**Mentoring Program**<http://www.escambia.k12.fl.us/pbis/rtib/>

**What is it?**

Mentoring is a structured and trusting relationship that brings young people together with caring individuals who offer guidance, support and encouragement aimed at developing the competence and character of the mentee. A mentor is an adult who, along with parents, provides a young person with support, counsel, friendship, reinforcement and constructive example. Mentors are good listeners, people who care, people who want to help young people bring out strengths that are already there. A mentor is not a foster parent, therapist, parole officer, or cool peer.

**What it looks like:**

Mentoring is about one person helping another to achieve something. It is about giving help and support in a non-threatening way, in a manner that the recipient will appreciate and value and that will empower them to move forward with confidence towards what they want to achieve. Mentoring is also concerned with creating an informal environment in which one person can feel encouraged to discuss their needs and circumstances openly and in confidence with another person who is in a position to be of positive help to them. The mentor is not there to monitor work, “nag” student, and is not in the classroom or a school administrator.

**Resources and Activities**

* http://www.improvementnetwork.gov.uk/imp/aio/1001765
* www.bbbs.org